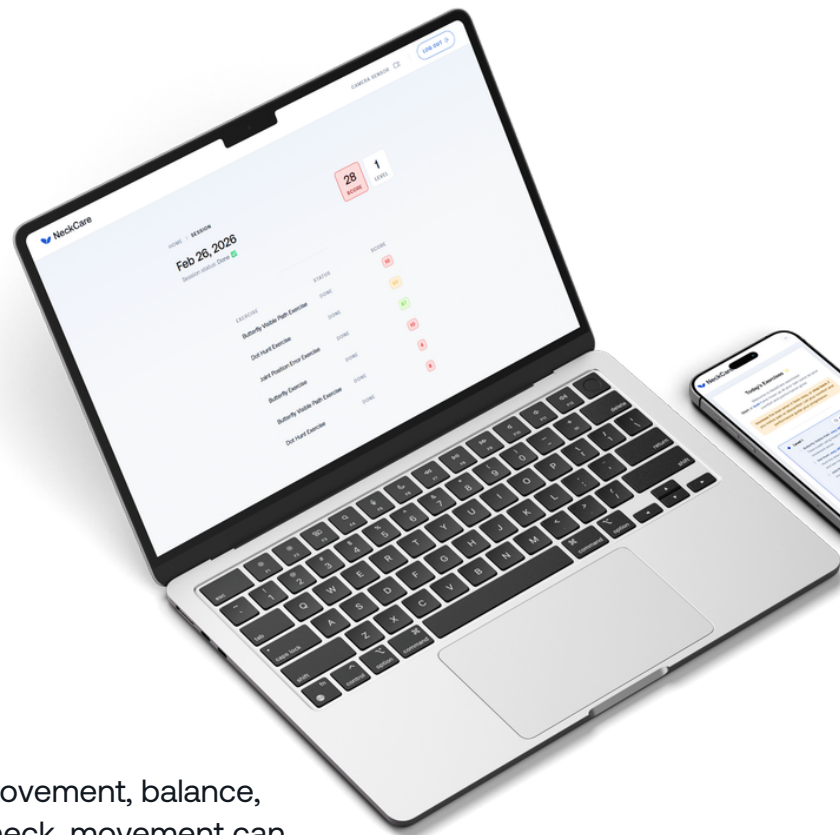




NeckCare Home™

Prescribed neck rehab from your clinician.



Why the neck matters

The neck is a key part of how your body controls movement, balance, and visual stability. When pain or injury affects the neck, movement can feel less comfortable or less coordinated, and changes in neck function may contribute to dizziness or headaches. Guided neck exercises at home can help support recovery as part of a clinician-directed care plan.

What is NeckCare Home™?

NeckCare Home™ is a remote neck rehabilitation platform that works on personal devices with a standard camera. No extra hardware needed.

Who is it for?

NeckCare Home™ is for individuals who may benefit from training neck function, such as those with:

- Neck pain
- Whiplash
- Dizziness
- Headaches
- Ongoing symptoms after concussion

Consult your clinician to determine if NeckCare Home™ is appropriate for your care plan.

How it works

NeckCare Home™ offers interactive exercises with guided head movements. Using the camera on your device, the system tracks your movements in real time and gives you instant feedback on your performance.

Why choose NeckCare Home™?

- ✓ Easy to use
- ✓ Clinician-guided program
- ✓ Automatic exercise logging
- ✓ Complements in-clinic treatment
- ✓ Works on your personal devices

Start your journey!

Ready to begin? Your clinician can prescribe NeckCare Home™ and help you get started with your home exercise program.



www.exercises.neckcare.com